

Parks & Recreation

H e n r y C o u n t y

Program Guide

Summer • 2015

SUMMER

» — CAMP — »



A MESSAGE FROM THE DIRECTOR

Dear Fellow Citizens:

Our summer program guide is commonly referred to as our "summer camps" issue. We have a great selection of programs for people of all ages, but there are extra programs for children to enjoy during their summer vacation. From sports camps, to arts and crafts, movies in the park, geocaching and many more activities, there is something for every child to enjoy. Please register soon as some of the activities fill up quickly.

The new restroom/shower building at the Philpott Marina Group Campground is now complete and is a great addition to the campground. The campground is heavily used and reservations can be made up to six months ahead of time for less than five nights and up to a year ahead of time if you are reserving five or more nights. Also, come visit us at Philpott Marina this summer and enjoy a snack or some ice cream while taking in the beautiful views of Philpott Lake.

Thank you for your interest in Henry County Parks & Recreation, and have fun!

Sincerely,
Roger Adams, CPRP



"Like" us to get news on upcoming programs, athletics, classes, special events and trips.

OFFICE INFORMATION

Henry County Parks & Recreation Office Information

Henry County Parks & Recreation is a member of the Virginia Recreation and Park Society (VRPS) and the National Recreation and Park Association (NRPA). Henry County Parks and Recreation may be contacted, Monday - Friday 8:00am - 5:00pm at:

PO Box 7 • Collinsville, VA 24078

Phone: 276.634.4640 • Fax: 276.634.4637 • email: radams@co.henry.va.us

HENRY COUNTY PARKS & RECREATION STAFF

Roger Adams, CPRP
Director

Melissa Puckett
Senior Services Coordinator

William Flippen, CPSI
Parks Maintenance Supervisor

Eric Martin
Parks Maintenance Staff

Gary Rea
Parks Maintenance Staff

Daniel Reynolds
Recreation Programmer

Renee Wood
Office Manager

Chad Turner
Parks Maintenance Staff

Benny Luther
Parks Maintenance Staff

Officiating Opportunities

Henry County Parks and Recreation is seeking individuals to work as officials in our Youth and Adult Sports Programs. Sports include Baseball, Softball, Flag Football, Tackle Football, and Girl's and Boy's Basketball.

The pay and hours vary with each sport. Contact our office for additional information.

TRIPS FOR ALL AGES

DOLLY PARADE IN PIGEON FORGE/BILTMORE ESTATES

MAY 1-2

Spend Day 1 in beautiful Pigeon Forge and then on the way back, stop by the Biltmore Estate to see the beautiful spring flowers. Prices: \$279/single, \$239/double, \$235/triple, \$229/quad

AMTRACK FROM RALEIGH TO GREENSBORO

MAY 16

Ride the motor coach to Raleigh to tour the State Capitol, History Museum, and the Museum of Natural Sciences. Then board the train for the ride back to Greensboro. Price: \$99/person

MEMORIAL DAY WEEKEND IN NEW YORK CITY

MAY 23-25

Plan on seeing Central Park, Times Square, Empire State Building, Rockefeller Plaza, Radio City Music Hall, Ellis Island and the Statue of Liberty. Prices: \$499/single, \$399/double, \$389/triple, \$379/quad

THE MAN WHO MOVED A MOUNTAIN

MAY 30

Visit six historical churches in the counties of Carroll, Floyd, and Patrick that were built by the Rev. Bob Childress. Price: \$69/person

STATE CAPITOL/JAMES RIVER CANAL CRUISE

JUNE 13

Explore the State Capitol Building that was designed by Thomas Jefferson and travel around to other sites in Richmond including a cruise down the James River. Price: \$89/person

INDEPENDENCE DAY WEEKEND IN NEW YORK CITY

JULY 3-5

Plan on seeing Central Park, Times Square, Empire State Building, Rockefeller Plaza, Radio City Music Hall, Ellis Island and the Statue of Liberty. Prices: \$499/single, \$399/double, \$389/triple, \$379/quad

KEEP ON THE SUNNY SIDE

JULY 11

Visit the Barter Theatre in Abingdon, VA to see the play: Keep on the Sunny Side, The Songs and Story of the Original Carter Family. Price: \$99/person

CATAWBA QUEEN RIVERBOAT

JULY 25

Visit Mooresville, NC for a luncheon cruise on Lake Norman on the Catawba Queen Riverboat and then to Spencer, NC to ride a train and visit the Transportation Museum. Price: \$99/person

WASHINGTON D.C. POTOMAC RIVERBOAT & SMITHSONIAN

AUGUST 29-30

Ride a train from Lynchburg, VA to Union Station, where you can eat lunch and visit the shops. Visit the Roosevelt, World War II, Martin Luther King and Air Force Memorials. Prices: \$299/single, \$259/double, \$254/triple, \$249/quad

LABOR DAY WEEKEND IN NEW YORK CITY

SEPTEMBER 5-7

Plan on seeing Central Park, Times Square, Empire State Building, Rockefeller Plaza, Radio City Music Hall, Ellis Island and the Statue of Liberty. Prices: \$499/single, \$399/double, \$389/triple, \$379/quad

SENIOR TRAVEL CLUB

BARTER THEATRE

Join Henry County Parks & Recreation for a trip to the Barter Theatre in Abingdon, Virginia on Thursday, August 6, 2015 to see the matinee performance of Mary Poppins. Motorcoach transportation, lunch and performance at the Barter Theatre are included. Pre-registration for the trip is required by calling 634.4644 by June 5th and payment for the trip is due June 19th, 2015. Cost is \$108 per person.

Date/Time: Thursday, August 6, 2015
Location: Barter Theatre in Abingdon, VA

BARTER THEATRE

Join Henry County Parks & Recreation for a trip to the Barter Theatre in Abingdon, Virginia on Tuesday, September 1st to see the matinee performance of Shake, Rattle & Roll. Motorcoach transportation, lunch and performance at the Barter Theatre are included. Pre-registration for the trip is required by calling 634.4644 and payment for the trip is due July 27th, 2015. Cost is \$110 per person.

Date/Time: Tuesday, September 1, 2015
Location: Barter Theatre in Abingdon, VA

AMERICAN MUSIC JUBILEE

Henry County Parks & Recreation will sponsor a trip to the American Music Jubilee in Selma, North Carolina on Thursday, June 18, 2015. This Music Variety Show is a two hour extravaganza that will have you singing along with your favorite songs, laughing out loud, and feeling a sense of pride as they pay tribute to this great country. Motorcoach transportation, matinee performance at the American Music Jubilee and dinner at the Homestead in Roxboro, North Carolina are included. Pre-registration is required by calling 634.4644 by May 5th and payment for the trip is due May 15th, 2015. Cost is \$108 per person.

Date/Time: Thursday, June 18, 2015
Location: American Music Jubilee, Selma, NC

Wohlfahrt Haus Dinner Theatre

Join us for a trip to the Wohlfahrt Haus Dinner Theatre in Wytheville, Virginia to see Gospel Jubilee on Thursday, July 23, 2015. Motorcoach transportation, lunch, gratuity, and show included. Cost is \$72.00. Payment deadline is June 15, 2015.

Time/Days: Thursday, July 23, 2015
Location: Wohlfahrt Haus Dinner Theatre in Wytheville, VA

SPECIAL EVENTS & ACTIVITIES

KIDS FISHING DAY

Henry County Parks and Recreation, Martinsville Parks and Recreation and Martinsville Senior Services will be sponsoring a Fishing Clinic for children ages 7-14. This multi-generational event links youth with experienced anglers to introduce them to a sport that can be enjoyed for the rest of their lives. Pre-registration is required and space is limited to the first 75 participants. Fishing poles will be provided.

Date/Time: Saturday, June 6th • 9:00am - 12:00pm
Location: Beaver Creek Reservoir
Cost: FREE

CHALK IT UP

National Sidewalk Chalk Arts Competition highlights July as National Parks and Recreation Month. Chalk will be provided for individuals and teams to be creative along the .6 mile track at Jack Dalton Park. All participants will receive an award.

Date/Time: Thursday, July 23rd • 6:00pm
Location: Jack Dalton Park
Cost: FREE

SENIOR TACKLE FOOTBALL TRYOUTS

The Henry County Parks and Recreation Senior Tackle Football Program is available for boys and girls going into the 6th, 7th, and 8th grade for the 2015-2016 year. Tryouts will be conducted at LPMS and FCMS on August 17th, 18th, and 19th from 6:00-7:30 pm. Please call 634.4645 to learn more about the Senior Tackle Football Tryouts.

KIDS GEOCACHING DAYS

Join Henry County Parks and Recreation in a fun outdoor adventure as we look for "caches" that others have left in the outdoors for everyone to find. This is a growing activity that is an outdoor scavenger hunt that uses Global Positioning System (GPS) to place objects out of plain sight, but near trails, picnic tables, shelters, etc. Please call Henry County Parks and Recreation at 634.4645 to learn more about this adventure that gets people outdoors and takes advantage of the beauty of nature. Participants must pre-register and groups are limited to 8 participants.

Date/Time: June 8th, July 20th, August 7th
9:00am - 12:00pm
Location: Henry County Administration Building
Cost: \$5/class

KIDS MOVIE DAYS AT MOVIE TOWN

Join Henry County Parks and Recreation for Kid's Movie Day. Participants will get to watch a surprise movie at a discounted price. Popcorn and other snacks will be sold. Call 634.4645 to see what movie will be showing. Participants must pre-register with Henry County Parks and Recreation for each movie.

Date/Time: June 25th and July 30th
Location: Movie Town Theatre
Cost: \$8.50
(includes movie, popcorn and a drink)

KIDS IN THE KITCHEN

Come explore nutrition and cooking with the Virginia Cooperative Extension Office and Henry County Parks and Recreation. We will explore ways for you to make smart choices when it comes to eating at home or going out. Participants will also learn how to prepare fast, easy, home-cooked meals. Exercise will also be incorporated into the class. Class will be for children ages 6-12. Participants will be on the cooking show "Crazy Delicious". Please call Henry County Parks and Recreation at 634.4640 to register, class will be limited to 10 participants.

Date/Time: July 6th - 8th • 10:00am - 12:00pm
Location: Henry County Administration Building
Cost: \$10

CLASSES & WORKSHOPS

ROCKET BUILDING CLASS

Join Henry County Parks and Recreation for a Rocket Building Class on July 24th. Participants will make their very own rocket and then see how it works from Jack Dalton Park. Please contact Henry County Parks and Recreation at 634.4640 to register. Pre-registration is required to attend the class.

Date/Time: July 24th • 10:00am - 11:30am
Location: Jack Dalton Park Picnic Shelter
Cost: \$10

DOOR ROOM COOKING

Getting ready to pack up and move away from your mother's kitchen? Do you know how to cook? Do you know what you are going to eat? Do you know what you will cook on? Do you know what cooking equipment you will need to take? To get the answers to these questions and many more, come to the Virginia Cooperative Extension kitchen to learn how to cook in a microwave and a toaster oven while continuing to eat healthy. This class is for participants ages 18-21. Please call Henry County Parks and Recreation to register, pre-registration is required.

Date/Time: August 4th • 1:00pm - 4:00pm
Location: Henry County Administration Building
Cost: \$10

KID'S FUN FLOAT CANOE DAY

Henry County Parks and Recreation and Martinsville Parks and Recreation are joining up to try and slow down the frantic pace of everyday life at the Beaver Creek Reservoir. Come out and join us as we take in all the sights at the Reservoir at the gliding pace of a canoe. Pre-registration is required and class will be limited to 10 participants.

Date/Time: June 16th & July 16th • 10:00am - 11:30am
Location: Beaver Creek Reservoir
Cost: \$5/class

TIE DYE DAY

Join Henry County Parks and Recreation as we offer a children's tie-dye class at Jack Dalton Park. Participants will need to bring their own white T-shirts to dye in whatever color they choose. This event is for children ages 5-14. Please call 634.4640 to register for the class.

Date/Time: June 5th • 10:00am - 11:00am
Location: Jack Dalton Park Picnic Shelter
Cost: \$5

CHILDREN'S CRAFT CLASS

Join Henry County Parks and Recreation as we offer a children's craft class at the Henry County Administration Building. Participants will decorate birdhouses, wind chimes, summer kites, and tropical sand art bottles. Please call 634.4640 to register for this class, it is limited to 10 children.

Date/Time: June 26th & July 31st
3:00pm - 4:00pm
Location: Henry County Administration Building
Cost: \$5/class

CUPCAKE CAMP

Join Henry County Parks and Recreation and the Virginia Cooperative Extension Office as we create, decorate, and eat our very own cupcakes. This camp will be for children ages 6-12. Call Henry County Parks and Recreation at 634.4640 to register and camp is limited to 10 children.

Date/Time: July 14th • 10:00am - 12:00pm
Location: Henry County Administration Building
Cost: \$10

FIRST AID / CPR / AED CERTIFICATION

Join the Henry County Public Safety Department and Henry County Parks and Recreation for a First Aid/CPR/AED Training course. Participants receive a certification from the American Heart Association after completing the class. Please call Henry County Parks and Recreation at 634.4640 for more information or to learn how to register for the class, pre-registration is required.

Date/Time: June 9th • 5:30pm - 9:30pm
Location: Henry County Public Safety Building
Cost: \$50

BASIC CAR MAINTENANCE

Join Henry County Parks and Recreation and AutoTech for a crash course in basic car maintenance. Participants will learn how to check/change oil, check spark plugs, rotate tires, check fluids and more. Please call Henry County Parks and Recreation for more info, minimum of 7 participants to hold class.

Date/Time: When 7 people are signed up
Location: Auto Tech in Martinsville, VA
Cost: \$15

TAKE A KID WITH YOU TO GOLF

Looking for some quality time with your children? What better way to do that than on a golf course. Local golf courses around the area are applauding anyone who will take their children out golfing with them. With a paying adult, children can either play for free or a discounted rate (depending on age). Children 12 and under play for FREE. Children ages 12-16 play for ½ cart fee or only cart fee, depending on course.

First Monday of the Month: Heritage Golf Club, Bassett, VA
Second Tuesday of the Month: Beaver Hills Golf Club, Collinsville, VA
Third Thursday of the Month: Forest Park Country Club, Martinsville, VA

All times start at 6:00pm. Be sure to tell them what brought you out.

BASIC SEWING CLASS

This class will introduce beginners to the basics of sewing: sewing terms, using the sewing machine, selecting the fabric, reading a pattern envelope, layout of fabric and pattern, marking and cutting fabric. Learn how to interpret the pattern directions and sew each piece together. This class will meet once a week, for three consecutive weeks and you will need to bring your sewing machine to class. Please call Henry County Parks and Recreation at 634.4645 for any questions or to learn how to register, minimum of 8 participants to have class.

Date/Time: When 8 people are signed up
Location: Henry County Administration Building
Cost: \$30

BRING A KID WITH YOU TO BOWL

Would you like to get more children involved in bowling? Henry County Parks and Recreation and Sportlanes have come up with the perfect plan. Spend a little time with the ones you love while everyone is having a good time at the bowling alley. It will get you up off the couch and moving more and you will not even realize you are being more active.

Date/Time: Fridays, June - August • 12:00pm - 7:00pm
Location: Sportlanes
Cost: 2 games for \$1.00

MOVIE IN THE PARK

Come out to Jack Dalton Park and watch a movie under the stars each month during the Summer. The best part about it is it's FREE!! Each month a recent hit movie will be shown on a 20 foot by 10 foot screen. Popcorn and other refreshments will be sold. This event is sponsored by Henry County Parks & Recreation, Movie Town and Woodall's Music.

June 19th, July 10th, August 14th
9:00pm • Jack Dalton Park • FREE

June: Paddington
July: Dolphin Tale 2
August: Cinderella

CAMPS

BEGINNER YOUTH TENNIS CAMP

This camp is an excellent choice for children that have had limited exposure to the game of tennis. Children will learn the rules of tennis and the fundamental skills including: serves, ground strokes and volleys. Each participant will receive a camp t-shirt.

Date/Time: June 29th - July 2nd • 9:00am-11:00am
Location: Collinsville Jaycee Park Tennis Courts
Cost: \$30

INTERMEDIATE YOUTH TENNIS CAMP

This camp is for children that have some exposure to tennis and/or have taken the Beginner Youth Tennis Camp in previous years. The instructor will work on developing all aspects of each player's game. This is a great way to get your child interested in tennis. Each participant will receive a camp T-shirt.

Date/Time: July 27th - 29th • 9:00am - 11:00am
Location: Collinsville Jaycee Park Tennis Courts
Cost: \$30

START SMART BASEBALL

Start Smart Baseball is a fun instructional program for children ages 4-6. This program teaches a variety of baseball fundamentals such as throwing, catching, hitting, and running to prepare them for organized baseball/softball in a fun and non-threatening environment. Each child will receive equipment to keep. Pre-registration is required.

Date/Time: Mondays, June 8th - July 6th
5:45pm-6:30pm
Location: Collinsville YMCA
Cost: \$35

BASKETBALL CAMP

This camp will focus on individual skill development and game play as well as athletic competitions. It will be taught by high school coaches and current/former basketball players. This is a great way to improve your basketball skills and not have to travel out of Henry County. This camp is open to everyone ages 6-15. For more information or to register your child, please contact Henry County Parks and Recreation at 634.4645.

Date/Time: June 24th - 26th • 9:00am-12:00pm
Location: Bassett High School
Cost: \$40 (includes camp t-shirt)

BOWLING CAMP

Sportlanes, Henry County Parks and Recreation, and Martinsville Parks and Recreation will host a summer bowling camp for children ages 8-16. Participants will get hands-on instruction and learn different techniques each day along with a chance to bowl a couple of games. Space is limited and will be a first-come, first-serve basis.

Date/Time: Camp I: May 25th - 29th OR
Camp II: July 20th - 24th
2:00pm - 4:00pm
Location: Sportlanes; Martinsville, VA
Cost: \$25 per camp (checks made payable to Sportlanes)

START SMART BOWLING

Henry County Parks and Recreation and Sportlanes are partnering together for an introductory camp that teaches the fundamentals of bowling. Participants will learn and develop all aspects of their bowling game. This program is for children ages 7-14 and will run for five straight weeks.

Date/Time: Camp I: Fridays, May 15th - June 12th
Camp II: Fridays, July 10th - August 7th
6:00pm - 7:00pm
Location: Sportlanes; Martinsville, VA
Cost: \$25 per camp (checks made payable to Sportlanes)

GOLF CAMP

Henry County Parks and Recreation will team up with Horsepasture Mini Par and Driving Range to offer a youth golf camp for children ages 7-13. Golfers will get ground work instruction on the full swing, pitching, chipping, and putting. Golfers will also get a brief overview of rules and etiquette of the game. Please call Henry County Parks and Recreation at 634.4640 to register, pre-registration is required.

Date/Time: June 22nd • 9:00am - 11:00am
Location: Horsepasture Mini Par and Driving Range
Cost: \$10

GROUP FISHING POLE LOANER PROGRAM

In conjunction with the Virginia Department of Game and Inland Fisheries, Henry County Parks and Recreation is offering a Fishing Pole Loaner Program. Interested persons should call 634.4645 to reserve or learn more about our Group Fishing Pole Loaner Program. This program is free.

SHORT SPORTS

Short Sports is a program geared towards children that are 3-6 years old who want to start learning the basic motor skills to play baseball, basketball, football, golf, lacrosse, soccer and tennis. The class will meet once a week for five straight weeks, covering a different sport each week. This is a great program that introduces children to the concepts of sports and lays the ground work on fundamentals to each sport. This program gets children familiar with different equipment and really gets them ready for the idea of organized sports. These classes are sponsored and ran by Henry County Parks and Recreation and Martinsville Parks and Recreation.

Date/Time: Mondays, July 13th - August 10th
5:45pm-6:30pm
Location: Collinsville YMCA
Cost: \$10

ART CAMP

Join Henry County Parks and Recreation for a fun-filled week of introductory art lessons for children ages 8-13. Children will participate in still life drawings, paintings, cartoons, abstract paintings and other forms of art. Pre-registration is required, camp is limited to 15 participants.

Date/Time: June 9th-12th • 9:00am - 11:00am
Location: Henry County Administration Building
Cost: \$35

BASEBALL CAMP

Henry County Parks and Recreation and Martinsville Parks and Recreation will join together with local High School coaches and Patrick Henry Community College to offer a youth baseball instructional camp. This is a week-long camp focusing on the fundamentals of pitching, fielding, and hitting and then finishing camp with a scrimmage game against other campers on Friday, June 5th. Camp is for children ages 6 - 13, pre-registration is required. Registration deadline is May 15th.

Date/Time: June 1st - 5th • 9:00am - 12:00pm
Location: Southside Park
Cost: \$25

MARTINSVILLE MUSTANGS BASEBALL CAMP

The Martinsville Mustangs Summer Camp will feature its usual excellent staff and facilities, assuring each camper a rewarding experience. The camp will be led by Mustangs head coach, Sean West, who will be assisted by players from the Mustangs team. The camp is for anyone who wants to improve his or her skills and enjoy the great game of baseball. Due to the popularity of the Training Academy in the past, we are excited to again offer both a week-long camp and a one day camp this summer.

Date/Time: Camp I: June 22-26 OR Camp II: July 25th
9:00am - 12:00pm
Location: Hooker Field
Cost: \$100 for week-long camp (Lunch & Drink on Friday, 2 tickets to June 26th Home Game)
\$20 for day camp (2 tickets to July 31st Home Game)

CLUBS

SMITH RIVER VALLEY CANOE CLUB - SRVCC

Club meets to promote the year round sport of canoeing/kayaking. Information is given on equipment, skills, and river destinations. Rolling sessions held weekly. Contact BR Bryant at 638.4306 or email creek1r@comcast.net. Like them on Facebook to find out more.

PATRICK HENRY PATRIOT RC CLUB

Radio Control Model Aviators meet monthly to promote and encourage the Radio Control Model Aviation hobby. During warm months, the club meets at PATRIOTS R/C FIELD located just beyond the Convenience Center on Jack Dalton Road. New members are always welcome! Visit the patriot website: www.phprc.net. Like them on Facebook to find out more.

Date/Time: Second Tuesday, Monthly @ 7:00 pm
Location: Henry County Administration Building/Patriot Flying Field
Cost: See club members for dues

HENRY COUNTY PHOTOGRAPHY CLUB

Local photographers from novice to professional meet monthly for open discussion about photography. Membership is free. Please bring your camera and/or photographs to share with the group. More info on our Facebook page http://www.facebook.com/hcproamphoto or email henrycountypphoto@gmail.com.

Date/Time: First Monday, Monthly, 7:00pm

HENRY COUNTY BIKE CLUB

Our bike club is open to participants of all ages and skill levels. Weekly rides and monthly meetings vary, see website at http://henrycountybikeclub.com for more details or contact HCPR offices at 634.4645. Like them on Facebook to find out more.

Date/Time/Location: Varies
Cost: \$10/Individual Membership or \$15/Family Membership

BLUE RIDGE SKI AND OUTING CLUB

The BRSOC meets monthly to promote getting active outside. Members enjoy a wide variety of activities including hiking, canoeing, kayaking, biking, traveling, wake boarding, picnicking, bowling, snow skiing, and snowboarding. Call Bren Burke, Public Relations Director at 434.251.8984 for information or visit the website at www.BRSOC.org. Like them on Facebook to find out more.

FITNESS & SPORT

ADULT TENNIS PICK-UP NIGHTS

Get your friends together and come out to the Jaycee Park for Adult Pick-Up Nights. Come out and play your favorite sport on Tuesday and Thursdays every week throughout the summer. Games will be self-officiated. Please call Henry County Parks and Recreation at 634.4645 for more info.

Date/Time: Tuesdays - Adult Singles Matches
Thursdays - Adult Doubles Matches
Location: Collinsville Jaycee Park Tennis Courts
Cost: Free

ADULT CO-ED SAND VOLLEYBALL LEAGUE

Come have some fun in the sand! Games will be played on Thursday nights. Games are self-officiated and geared toward fun and socialization. Minimum of 4 teams required to have the league and coaches will receive a game ball for the season. Minimum of 4 players per team and a maximum of 6 players per team on the court. For this league there must be equal males and females on the court or you may have more females than males. You can have up to 10 players on your roster, ages 15 and up. Get your team registered today.

Date/Time: Thursdays, June-August • 6:00pm
Location: Jack Dalton Park
Cost: \$50 per team

MILES IN MARTINSVILLE

Get up and get moving with the Miles in Martinsville Series and help support Outreach Programs of the YMCA. There are distances for runners of all levels from 5K to half marathon so sign up and support these great events and causes. Contact the Martinsville YMCA at 632.6427 or visit www.milesinmartinsville.com to learn more!

May 16th: The Super Run 5K and 8K
July 10th: Mustangs 5K
August 8th: Helgramite Hustle 5K Mud Run at Smith River Fest
September 25th: Harvest Moon 10K and Dancing on Depot

WALK WITH MOM

Want to escape the house for a little while and bring your kids with you? Walk with Mom will give you this opportunity. Moms, bring your kids with you and get some exercise while your kids enjoy being outdoors. Do not worry about commitments, just come out when you can and enjoy some of Henry County's parks/trails. Please call Henry County Parks and Recreation at 634.4645 for more information.

Date/Time: Monday Evenings
Location: Will vary
Cost: Free

GYM 24

Henry County Parks and Recreation and Gym 24 are partnering up to promote healthy lifestyles. Gym 24 offers a complete line of fitness equipment, cardio machines, free weights and classes. Please call Henry County Parks and Recreation at 634.4645 to find out more and start your journey to your desired fitness level.

WALKING TRAILS

Come out and enjoy some of the walking/hiking trails that Henry County has to offer. Each location offers something different.

Dick and Willie Passage Rail Trail • Martinsville
Jack Dalton Park • Collinsville
Gravelly Nature Preserve • Ridgeway
Laurel Mountain Nature Preserve • Bassett
Doe Run Wildlife Trail • Martinsville
Fieldale Walking Trail • Fieldale



Philpott Marina, store, campground and fueling station is now open. The hours will be 7:30am until dusk. You can contact the store directly at (276) 340-0485.

SENIOR TRANSPORTATION

Henry County Parks and Recreation provides transportation services to senior citizens, particularly those who reside in rural areas, that are residents of Henry County and are 60 years of age and older. Preference is given to elderly, transportation disadvantaged and disabled. Contributions are accepted. For a ride, call 634.4644.

Regular Transportation Schedule
Monday – Tuesday – Senior Nutrition Sites
Monday – Friday - Demand Response

SENIOR NUTRITION SITES

Join us for entertainment, socializing and a good hot lunch. This program is for seniors 60 years of age and older and all income levels. Come join the fun, food and fellowship. If you are interested in attending, please call 634.4644.

Date/Time: Mondays, 11:00am – 1:00pm
Location: Moral Hill Missionary Baptist Church in the fellowship hall
Suggested donation
Cost:

Date/Time: Tuesdays, 11:00am – 1:00pm
Location: John D. Bassett High School Building
3289 Riverside Drive, Bassett, VA
Cost: Suggested donation

"SENIOR LINK"

This quarterly publication contains the most recent up to date information regarding senior citizen activities and programs available to seniors in the Henry County area. Any senior adult interested in receiving the Senior Link by email or mail, please call Lois at 634.4644.

BREAKFAST CLUB

The Breakfast Club is open to all adults age 50 and above. The Breakfast Club is designed to be a fun and socially interactive way to meet people and enjoy breakfast in a nice atmosphere.

Date/Time: 4th Tuesday of each month, 8:30am
May 26 Clarence's Steak & Seafood
6636 Greensboro Road, Ridgeway, VA

June 23 Skip's Restaurant
900 Starling Avenue, Martinsville, VA

July 28 Sirlain House
530 Commonwealth Blvd., Martinsville, VA

August 25 Fieldale Café
63 Marshall Way, Fieldale, VA

Cost: Individual is responsible for cost of breakfast

BRIDGE CLUB

The Bridge Club is open to all adults age 50 and above. Bridge is designed to be a fun and socially interactive way for seniors to enjoy playing cards. Those beginners who know how to play as well as experienced Bridge players are welcome. For additional information, please call 634.4644. (To ensure no one goes away without playing, please plan ahead to have four people play at your table.)

Date/Time: 1st & 3rd Thurs. of each month • 12:30pm
Location: Henry County Admin. Bldg. Room #1
Cost: Donation

ADVANCED IPHONES & IPADS CLASS - TECHNOLOGY ON THE MOVE

Do you have an iPad or iPhone? Are you familiar with Facebook, Twitter and Instagram? Join Henry County Parks & Recreation and the Virginia Cooperative Extension Office for a class on how to use these devices. Please be sure to bring your device to class with you and or let us know if you need to borrow one while in class. Questions regarding these devices are welcome. Please call Henry County Parks & Recreation at 634.4644 to register as space is limited.

Date/Time: Tuesday, August 18 • 9:00am - 11:00am
Location: Henry County Administration Bldg
Summerlin Meeting Room
Cost: Free

OUT-TO-LUNCH BUNCH

The Out-To-Lunch Bunch is open to all adults age 50 and above. Join us at a local restaurant for lunch. Everyone is welcome.

Date/Time: 3rd Tuesday of each month • 1:00pm
May 19 Skip's Restaurant
900 Starling Avenue, Martinsville, VA
Clarence's Steakhouse & Seafood
6636 Greensboro Road, Ridgeway, VA
July 21 Third Bay Café
1163 Spruce Street, Martinsville, VA
August 18 Wild Magnolia
730 East Church Street, Martinsville, VA
Cost: Individual is responsible for cost of lunch

BEGINNING COMPUTER CLASS

It is never too late to learn the basics of using a computer. The Collinsville Branch Library, in conjunction with Henry County Parks & Recreation, will sponsor a Beginning Computer Class for seniors on Wednesdays starting July 29th for six weeks. The class will start at 5:00 pm and last about an hour. This introductory class is basic instruction on how to use a computer and designed for those seniors who are not familiar with how to use a computer. You must pre-register by calling 634.4644 as space is limited to eleven participants. Since the class will be held after the library closes, we ask that you arrive before 5:00 pm.

Date/Time: Wednesdays starting July 29th • 5:00pm
Location: Collinsville Branch Library
2540 Virginia Ave., Collinsville, VA
Cost: Free

BOOK BINGO

Henry County Parks & Recreation and the Collinsville Branch Library will sponsor Book Bingo for adults 50 years of age and older. If you are interested in learning about great books, winning prizes and light refreshments, this is the activity for you. For additional information please call 634.4644.

Date/Time: May 26th, June 23rd, July 28th, August 25th
1:30pm-3:00pm
Location: Collinsville Branch Library
2540 Virginia Avenue, Collinsville, VA
Cost: FREE / Donations of books accepted

GOLDEN 276 CROSSFIT

Start your morning off with a senior exercise class two days a week at CrossFit 276. CrossFit 276 will be offering a senior exercise class that can help you with flexibility, strength, and cardio in a great social atmosphere. The workouts are scalable and adaptable to each client's physical ability. Please call Henry County Parks & Recreation at 634.4644 or 632.3276 if you are interested in the class, need additional information or would like to register. You may also direct questions about CrossFit at CrossFit276@gmail.com.

Date/Time: Mondays & Thursdays at 10:00am
Location: Crossfit 276
31 East Church Street, Martinsville, VA
Cost: \$3 per class

ANNUAL HEALTH FAIR & CRAFT SHOW

Henry County Parks & Recreation and the Martinsville Senior Center will sponsor the Annual Senior Health Fair & Craft Show on Thursday, May 14, 2015. The event will be held at Lancer Hall located on Rt. 58 East from 8am-12pm with lunch being served at 12:00pm. Corporate contributors to fund the event are: Collins-McKee-Stone Funeral Homes & Community Funeral Services, Memorial Hospital of Martinsville & Henry County, Roselawn Funeral Services, Roselawn Burial Park/Henry Memorial Park, River Community Bank, Team Nurse and PrivaCare.

The Memorial Hospital of Martinsville & Henry County will be available from 8:00 am to 11:30 am to provide the following clinical tests: DS3 (Lipid Panel, CBC & Glucose) for \$26.00, Lipid Panel for \$15.00, TSH (thyroid screening) for \$15.00, and a Prostate Specific Antigen Screening \$16.00. For best results, please remember to fast after midnight the night before the screenings. You may take all medications normally taken every day (such as blood pressure medicine) before the screenings. Additional screenings available at no cost include:

Team Nurse – Blood Pressure Screening
Piedmont Community Services Board – Depression Screening
Wal-Mart Vision Center - Vision Screening
Oral Cancer Screening – Dr. Craig Dietrich, D.M.D.

Human resource providers will display information regarding their services and entertainment will be provided. Seniors may also display or sell crafts by contacting the Martinsville Senior Center at 403.5260 or Henry County Parks & Recreation at 634.4644. Kelly Ratcliff will emcee the event.

Date/Time: Thursday, May 14th • 8:00am - 12:00pm
Clinical Tests begin at 8:00am
Lunch will be served
Location: Lancer Hall in Laurel Park on 58 East

EAT SMART AND MOVE MORE - HEALTHY GRILLING OUTDOORS

Join us under the shelter for Eat Smart and Move More with Kim Hairfield, Family Nutrition Program Assistant with the Virginia Cooperative Extension office. This class will focus primarily on healthy grilling options and packing for a picnic. Each week we will prepare a new recipe, learn about healthy food choices and food safety for outdoor activities. These very simple changes to your everyday life will have a positive impact on your future. Please call 634.4644 to register as space is limited.

Date/Time: Thursdays, July 16th - August 20th
11:00am - 12:00pm
Location: Fieldale Shelter
11 Field Avenue, Fieldale, VA
Cost: Free

YOGA

A Yoga class is a great way to start your morning. Join us for this new Yoga class designed to give you greater relaxation, energy and joy. You must provide your own yoga mat and pre-register at 634.4644. Space is limited for this free class so please sign up early.

Date/Time: Tuesday of each week • 11:00am
Location: Stanleystown United Methodist Church in the Fellowship Hall
24 Maplewood Avenue, Stanleystown, VA
Cost: FREE

DROP-IN ACTIVITIES

Bingo 1st & 3rd Tuesdays of each month • 1:00 p.m.
Bridge 1st and 3rd Thursdays of each month • 12:30 p.m. (Please have four people to play at your table.)
Book Bingo 4th Tuesday of each month • 1:30 p.m.
Walking Club Mondays & Wednesdays (Weather permitting except holidays) 6:00am
Dick & Willie Walk Mondays & Wednesdays • 8:15am (Weather permitting except holidays) Liberty Street Trailhead

Activities are held at the Henry County Admin. Building in Room #1 (right side room next to the main boardroom.)
The Walking Club meets at Jack Dalton Park located off Kings Mountain Road. Book Bingo meets at the Collinsville Branch Library.

DROP-IN HEALTH SCREENINGS

The drop-in health screenings are free and available to all adults 50 and above. These screenings are designed to promote awareness and healthier lifestyles for seniors.

GOLDEN LIVING CENTER WILL CONDUCT A FREE BLOOD PRESSURE SCREENING:
Time/Days: May 19, June 16, July 21, August 18 from 12:30pm to 1:00pm Location: Room # 1 of the Henry County Admin. Bldg. Cost: Free

PRIVACARE WILL CONDUCT A FREE BLOOD SUGAR SCREENING
Time/Days: May 12, June 9, July 14, August 11 from 8:00am to 9:00am Location: Room # 1 of the Henry County Admin. Bldg. Cost: Free

50 PLUS CLUB

ART OF THE MONTH

Join us for our Art of the Month class. Karen Eggleston, QVC artist, will instruct the class at the Collinsville Branch Library on the third Monday of each month. These unique crafts also make great gifts! Space is limited so pre-register early by calling Henry County Parks & Recreation at 634.4644.

Date/Time:	Mondays • 3-5pm and 6-8pm
May 18	"CREATIVE CARDS" Burlap has become a very popular craft medium. We will decorate cards with burlap, buttons, pins and metals. Class cost: \$12.00
June 15	"CHOICE CLASS" Design a card (or cards, depending on time) and enter your card(s) in a contest to win an egg from Eggleston Arts! There will be 3 winners, 1st Prize, 2nd Prize, and 3rd Prize. (Value \$29, \$39, \$49) There will be three unbiased judges. Not to worry if you're not an experienced card designer. Instructor, Karen Eggleston will be on site and there will be many samples available. Of course you keep your card(s). Class Cost: \$12.00
July 20	"GLASS BLOCK WITH BEACH MOTIF" Decorate a glass block with a beach motif. Class cost: \$20.00
August 17	"AUTUMN THEMED ART" You will use scrapbook paper and a Styrofoam ball to create a pine cone, dressed up with pine and novelties in an autumn theme. This class has been very well received and is back by popular demand. Class cost: \$16.00
Location:	Collinsville Branch Library, 2540 Virginia Ave, Collinsville, VA

WALK & TALK NUTRITION ON THE DICK & WILLIE TRAIL

Let's go walking on the Dick & Willie Passage. This 4.5 mile paved trail follows the path of the old Danville & Western Railway, starting on the west end of Virginia Avenue, continuing across Martinsville & Henry County and ending at Mulberry Creek. We plan to walk on Mondays and Wednesdays, weather permitting. Kim Hairfield with the Virginia Cooperative Extension Office will discuss topics such as food diaries, portion control, foods to emphasize, foods to limit and physical activity for weight control on Mondays. Just remember that any increase in walking will promote good health. Seniors interested in this program will need to pre-register with Henry County Parks & Recreation Senior Services at 634.4644.

Date/Time:	Mondays & Wednesdays, weather permitting, except holidays: 8:15am
Location:	Liberty Street Trailhead of the Dick & Willie Passage
Cost:	Free

PLANTING AN HERB GARDEN

Do you have an interest in an herb garden? Do you like to use a lot of herbs when cooking? If so, this is the class for you. We will be discussing the history, growing recommendations and culinary uses of herbs. Learn how to care for and plant a mini window herb garden that you can take home to enjoy.

Pre-registration is required, and payment is due at registration prior to June 10, 2015 so the supplies can be ordered and arrive on time. Payment must be made to HCM-VCE. You may register with the Virginia Cooperative Extension Office Monday – Friday from 8:00 am – 4:30 pm. You may secure your place by calling the Extension Office at 634.4650 and mailing your payment to: Henry County VCE, PO Box 7, Collinsville, VA 24078. Class space is limited to 20 participants.

Date/Time:	Wednesday, June 24 • 12pm - 4:00pm
Location:	Jack Dalton Park Shelter 130 Jack Dalton Road, Martinsville, VA
Cost:	\$20

SENIOR SUMMER BOWLING LEAGUE

The Senior Summer Bowling League is open to all adults age 50 and above. The senior bowling league is designed to be fun and allow for seniors to get some exercise. Beginners as well as experienced bowlers are welcome. Pre-registration is required to bowl. Names will be taken on a first-come, first-serve basis. For additional information or to pre-register, please call 632.6060. Registration ends May 6, 2015 or when teams are filled.

Date/Time:	Wednesdays, beginning May 13 Practice begins at 9:05am
Location:	Sportlanes in Martinsville
Cost:	\$5.00 initial registration fee and \$5.00 per week for three games, including bowling ball and shoes. The \$5.00 fee must be paid whether you bowl on league day, pre-bowl or are absent.

FUNDAMENTALS OF BOWLING

Sportlanes and Henry County Parks & Recreation will be hosting a class designed to teach individuals 50 years of age and older the fundamentals of bowling. Learn the basics of bowling in just a few short weeks. The class will teach you how to properly hold the bowling ball, how to roll the bowling ball, using proper stance, and utilizing the computer for scoring. Beginners and experienced bowlers are welcome to attend. Pre-registration is required by calling 634.4644. Space is limited so please sign up early.

Date/Time:	Tuesday of each week for five weeks, beginning July 7 • 1:00pm - 2:00pm
Location:	Sportlanes 10 Koehler Road, Martinsville, VA
Cost:	\$20 for five weeks

FIRST FRIDAYS AT THE LANES SENIOR SOCIAL

Sportlanes is the place to be on the first Friday of each month. Join us for First Fridays at the Lanes Senior Social. Sportlanes in conjunction with the Henry County Parks & Recreation will sponsor the Senior Social with each game of bowling costing only \$1.00 with coffee and refreshments provided free. Come on out and socialize, bowl and just have a good time.

Date/Time:	Fridays, May 1, June 5, and August 7 9:00am - 11:00am
Location:	Sportlanes 10 Koehler Road, Martinsville, VA
Cost:	\$1 a game

TERRA COTTA "PATTY-O" TOMATO POT PERSON

Don't have enough room to have a vegetable garden, but love the taste of home-grown tomatoes? This workshop is for you! We will be planting "Patio" Tomatoes...but with a bit of creativity. Join us to turn terra cotta pots into a "Pot-Person" with a little paint, wire, string and your imagination...all while providing your patio, and taste buds, with home-grown maters!

Pre-registration is required and payment is due at registration prior to May 27, 2015 so the supplies can be ordered and arrive on time. Payment must be made to HCM-VCE. You may register with the Virginia Cooperative Extension Office Monday – Friday from 8:00 am – 4:30 pm. You may secure your place by calling the Extension Office at 634.4650 and mailing your payment to: Henry County VCE, PO Box 7, Collinsville, VA 24078. Class space is limited to 10 participants.

Date/Time:	Wednesday, June 10 • 12pm - 4:00pm
Location:	Jack Dalton Park Shelter 130 Jack Dalton Road, Martinsville, VA
Cost:	\$40

HEALTH SCREENINGS & INFORMATION

Martinsville Urgent Care will be available every 4th Thursday of each month to provide free health screenings and health care information to individuals 50 years of age & older. A member of their staff will be available to check your blood pressure and conduct a random blood sugar test. Blue Ridge Village will be available to discuss alternative health care needs and Mountain Valley Hospice & Palliative Care will conduct an individual oxygen saturation test. You may want to call the office the day before the screening to confirm the provider you are interested in will be on-site. Last minute changes sometimes occur. For additional information, please call Henry County Parks & Recreation at 634.4644.

Date/Time:	May 28th, June 25th, July 23rd, August 27th 9:00am - 11:00am
Location:	Henry County Administration Bldg. Lobby
Cost:	FREE

SENIOR BOWLING APPRECIATION DAY

Henry County Parks & Recreation and Sportlanes are proudly sponsoring Senior Bowling Appreciation Day. We appreciate those seniors who are bowling on the senior leagues and would like to encourage additional senior participation in the leagues. Bowling could play a part in promoting a healthier lifestyle for you. We invite anyone 50 years of age and older to bowl with us for free on Friday, September 4th at Sportlanes from 9:00am to 11:00am. We will have information available about the upcoming senior leagues. Bring a friend and join us for some fun.

Time/Days:	Friday, September 4 • 9:00am – 11:00am
Location:	Sportlanes, 10 Koehler Road, Martinsville, VA 24112
Cost:	FREE 50 YEARS OF AGE AND OLDER

LIFELINE SCREENING

May is National Stroke Awareness Month. A stroke occurs every 40 seconds and yet up to 80% of strokes can be prevented.

This is why Henry County Senior Services is hosting Life Line Screening, the nation's leading provider of preventive health screenings on Thursday, June 25, 2015.

Screenings are fast, painless and affordable. Three key tests check for blocked carotid arteries, an irregular heart rhythm called atrial fibrillation, and high blood pressure, which are the three leading risk factors for stroke. Nearly 800,000 strokes will occur this year, taking a life approximately every four minutes.

Other tests check for abdominal aortic aneurysms and hardening of the arteries in the legs. A bone density screening to assess osteoporosis risk is also offered and is appropriate for both men and women. Many events also offer blood tests, including cholesterol, glucose and c-reactive protein screenings, as well as take-home colon cancer early detection tests.

For more information regarding the screenings or to schedule an appointment, call 1.888.653.6441. Pre-registration is required.

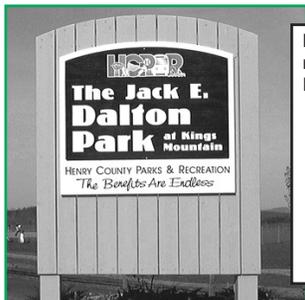
Time/Days:	Thursday, June 25, 2015
Location:	Henry County Administration Building 3300 Kings Mountain Road Martinsville, VA 24112
Cost:	Screening packages start at \$139. Single tests cost around \$70

MOVIE DAY

Henry County Parks & Recreation plans to spend a few afternoons at the movie theater. The movies that play in our area may change from week to week and that change generally occurs on Fridays. We will announce the movie we plan to attend on or before the Friday before the week we plan to go. Give us a call at 634.4644 to check on the movie we plan to see and for additional details. If you choose to provide us with an e-mail address, we will be happy to send the information to you. Hope you make plans to join us.

Date/Time:	To be determined
Location:	Varies
Cost:	To be announced

THERE'S SOMETHING FOR EVERYONE AT A PARK



Located in Collinsville behind the Henry County Administration Building on Jack Dalton Road.
Facilities include:

- Lighted, Paved Walking Trail
- Beach Volleyball Court
- Picnic Shelter
- Restrooms
- Two Baseball / Softball Fields
- Open Space
- Playground
- Cooking Grills

Located in Collinsville on Parkwood Court.
Facilities include:

- 4 Lighted Tennis Courts
- Two Picnic Shelters
- Hiking Trail
- Cooking Grills
- Playgrounds
- Restrooms
- Open Space
- Wooded Areas



Located in Ridgeway on Leisure Trail.
Facilities include:

- Playground
- Two Picnic Shelters
- Open Space
- Wooded Areas
- Two Baseball / Softball Fields
- Restrooms
- Cooking Grills

Located in Fieldale on Creekside Drive.
Facilities include:

- 2 Lighted Baseball / Softball Fields
- Open Space
- Picnic Shelter
- Playground
- Restrooms
- Cooking Grills

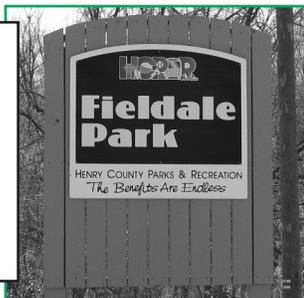


Located in Martinsville on DuPont Road.
Facilities include:

- Hiking Trails
- Picnic Areas
- Cooking Grills
- Wooded Areas
- Creeks and Streams

Located in Fieldale on Field Avenue.
Facilities include:

- Baseball / Softball Field
- Picnic Shelter
- Cooking Grills
- Restrooms
- Open Space
- Playground



Henry County Parks and Recreation operates and maintains seven parks and nineteen other recreational facilities with a total of 435 acres in the county. All of our parks have recently been renovated and offer a variety of recreation opportunities. The parks, their locations and amenities are described herein.

If your family, church or company is planning a special event, the Henry County Parks and Recreation Shelters located at our parks make great locations for gatherings. With all of the amenities we provide, we are sure you will find a park and location that is suitable for your event. Reservations may be made six months to the day in advance in our office. Reservations may also be made online. Please contact our office for a username and online password.

Rates for the shelters are:

LARGE SHELTERS Full Day - \$30.00

SMALL SHELTERS Full Day - \$20.00

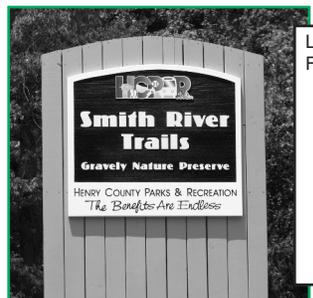
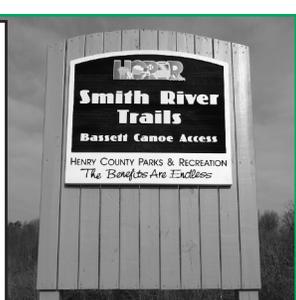


Philpott Marina is located on Philpott Lake in Bassett, VA
Facilities include:

- A 42 slip marina
- Fuel
- Store with concessions and fishing supplies
- Restrooms
- Group campground

The Smith River Trails include:

- Bassett Canoe Access
- The Great Road Canoe Access
- Fieldale Canoe Access
- Doe Run Canoe Access
- South Martinsville Canoe Access
- Sports Complex Canoe Access
- Marrowbone Canoe Access
- Mitchell Bridge Canoe Access
- Fieldale Walking Trail
- Dick and Willie Rail Trail



Located in Ridgeway on Eggleston Falls Road.
Facilities include:

- Hiking Trails
- Picnic Shelter
- Cooking Grills
- Wooded Areas
- Restrooms

YOUTH ATHLETICS

FLAG FOOTBALL

League play is offered for boys and girls ages 7-8 as of October 1, 2015

Teams are based at each elementary school.

Registration Deadline:
August 21, 2015

Practice & Game Dates:
September through November

GIRLS BASKETBALL

League play is offered for girls ages 8-13 as of October 1, 2015

Teams are based at each elementary and middle schools.

Registration Deadline:
August 21, 2015

Practice & Game Dates:
September through November

TACKLE FOOTBALL

League play is offered for boys ages 11-13 as of October 1, 2015

Teams are based at each middle school.

Tryouts:
August 17, 18, 19

Practice & Game Dates:
September through November

GIRLS VOLLEYBALL

League play is offered for girls ages 11-13 as of October 1, 2015

Teams are based at each middle school.

Registration Deadline:
November 14, 2015

Practice & Game Dates:
December through February

Our department has a weather hotline number that parents and coaches can call on days when it has been raining to find out if games are still being played. Call after 4:00pm on weekdays and 9:00am on Saturdays. **634-4636**



The 8th annual Smith River Fest is truly a celebration of all things associated with the Smith River and outdoor recreation: paddling, hiking, biking, fishing and nature watching! Featured activities this year include a river boat race, mud run, live music, petting zoo, children's activities, beer garden, rock climbing wall, food, arts and craft vendors and much more.

Saturday, August 8, 2015
9:00am-5:00pm
Smith River Sports Complex
Free Admission

JUNIOR TACKLE FOOTBALL

League play is offered for boys and girls ages 9-10 as of October 1, 2015

Teams are based at each elementary school.

Registration Deadline: August 21, 2015

Practice & Game Dates: September through November

FOOTBALL SPIRIT SQUAD TRYOUT

The Henry County Parks & Recreation Football Spirit Squad Program is available for girls going into grades 6-8 in the 2015-2016 school year.

Tryouts will be conducted at both middle schools
August 17-19, 2015 • 3:30pm - 5:30pm

There will be two spirit squads for each middle school consisting of 20 girls per team.

VOLUNTEER YOUTH SPORTS COACHES DESERVE SPECIAL MENTION

We would like to thank the following coaches for taking time to be a volunteer youth sports coach. The time spent and your commitment are valuable to thousands of Henry County children and is appreciated by the Henry County Parks & Recreation Staff.

BOYS BASKETBALL

Robert Kent
Jay Gilbert
Lemuel Jones
Eddie Sechrist
Tim Chitwood
Joe Brooks

Jamie Wells
Jason Wilson
Andy Boitnott
James Lopp
Vince Martin
Karen Ross

Jonathan Foley
Lee Hughes
Kevin Hairston
Chad Ford
Stacey Brown
Tim Gleason

Jordan Armentrout
Andrew Shively
James Hairston
Thomas Adkins
Randy Kendrick
Kevin Hairston

GIRLS VOLLEYBALL

Angie Earles
Rachael Linkous

Christina Farrington

Melissa Foley

Tammy Hampton

BASKETBALL SPIRIT SQUAD

Tabatha Bancroft
Charity Hairston
April Turner

Sandy Gary
Julie Humble
Amber Via

Kisha Grant
Beverly Keaton

Terri Hagwood
Toni Kendrick