

Parks & Recreation

H e n r y C o u n t y

Program Guide
Summer • 2013



A MESSAGE FROM THE DIRECTOR

Dear Fellow Citizens:

This program guide is our annual "Summer Camps" issue. It contains all of our summer activities for children and families, some of which are brand new and a few are favorites from years past. One of the newer and more popular programs from the last few years is the Summer Movie in the Park Series. We will be showing a recent movie on a giant screen at Jack Dalton Park on June 14, July 12 and August 9. The movie starts at 9:00pm each night and admission is free.

Plans are progressing on the new Philpott Marina and construction is expected to be completed this summer. The marina will have 40 slips available for rental, fuel, concessions and restrooms and will also feature a group campground that is available for nightly rentals.

Thank you for your interest in Henry County Parks & Recreation, and have fun!

Sincerely,

Roger Adams, CPRP

OFFICE INFORMATION

Henry County Parks & Recreation Office Information

Henry County Parks & Recreation is a member of the Virginia Recreation and Park Society (VRPS) and the National Recreation and Park Association (NRPA). Henry County Parks and Recreation may be contacted, Monday - Friday 8:00am - 5:00pm at:

PO Box 7 • Collinsville, VA 24078

Phone: 276.634.4640 • Fax: 276.634.4637 • email: radams@co.henry.va.us

HENRY COUNTY PARKS & RECREATION STAFF

Roger Adams, CPRP

Director

Melissa Puckett

Senior Services Coordinator

William Flippen

Parks Maintenance Supervisor

Jay Rigney

Parks Maintenance Staff

Andy Mabe

Recreation Programmer

Renee Wood

Office Manager

Chad Turner

Parks Maintenance Staff

Ben Luther

Parks Maintenance Staff

Officiating Opportunities

Henry County Parks and Recreation is seeking individuals to work as officials in our Youth and Adult Sports Programs. Sports include Baseball, Softball, Flag Football, Tackle Football, and Girl's and Boy's Basketball.

The pay and hours vary with each sport. Contact our office for additional information.

TRIPS/SPORTS EVENTS

MEMORIAL DAY WEEKEND IN NEW YORK CITY

Join HCPR as we travel to New York City for a long weekend on Memorial Day weekend. We will depart from Jack Dalton Park Saturday, May 25th in the early morning and return Monday, May 27th in the evening. The trip consists of the following:

Day 1: The group will visit the 9/11 Memorial, South Street Seaport and see other attractions.

Day 2: The group will visit the Empire State Building Observatory to see the city from a magnificent viewpoint. At Rockefeller Plaza we will visit St. Patrick's Cathedral, the NBC Store and see Radio City Music Hall. The group will then be taken to Grand Central Terminal, Central Park and Chinatown. In the evening we will visit Times Square.

Day 3: We will take a ferry by the Statue of Liberty on the way to Battery Park.

Date/Time: May 25th - 27th

Location: New York City, NY

Cost: Single Occupancy: \$499/ per person

Double Occupancy: \$399/ per person

Triple Occupancy: \$389/ per person

Quad Occupancy: \$379/ per person

WASHINGTON D.C. (TRAIN, RIVER-BOAT, MONUMENTS & MEMORIALS)

Join HCPR as we travel on Saturday, August 24th to Washington D.C. by bus and train. We will depart from Jack Dalton Park on Saturday, August 24th and return home on Sunday, August 25th in the later evening.

Day 1: We will travel from Henry County to Lynchburg by motorcoach. In Lynchburg, the group will be boarding the Amtrak for a scenic excursion to Washington D.C. The train will take us through Charlottesville, Culpepper, Manassas and Alexandria. After crossing the Potomac River, we will arrive at Union Station where lunch and shopping will be available. After lunch, a bus will take us to the National Zoo. In the evening the group will visit the Roosevelt Memorial, World War II Memorial, Martin Luther King Memorial, and Air Force Memorial.

Day 2: We will tour the Smithsonian Museum in the morning. In the afternoon we will travel to Georgetown to board the Potomac Riverboat and cruise the Potomac River past Washington D.C. landmarks and monuments.

Date/Time: August 24th-25th

Location: Washington D.C.

Cost: Single Occupancy: \$299/ per person

Double Occupancy: \$259/ per person

Triple Occupancy: \$254/ per person

Quad Occupancy: \$249/ per person

SENIOR TRAVEL CLUB

MYSTERY TRIP

Join us for a Mystery Trip in July. Please call the office at 634.4644 for additional information and cost of the trip.

Date/Time: Thursday, July 25

Location: ????????

Cost: \$89

WOHLFAHRT HAUS DINNER THEATRE

Join us for a trip to the Wohlfahrt Haus Dinner Theatre in Wytheville, Virginia to see "ALMOST HEAVEN" on Thursday, October 10, 2013. Motorcoach transportation, lunch, gratuity and show included. The cost of the trip is \$68.00. Pre-registration for the trip is required by calling 634.4644. Payment for the trip is due by September 3, 2013.

Date/Time: Thursday, October 10

Location: Wohlfahrt Haus Dinner Theatre in Wytheville, VA

Cost: \$68

DAY TRIP TO WASHINGTON, DC BY MOTORCOACH & AMTRACK TRAIN

5 hour guided tour while in Washington, DC.

Date/Time: Tuesday, June 18

Location: Washington, DC

Cost: \$148



We are now taking reservations for boat slips at Philpott Marina. The Marina will have 40 slips, a concession store, non-ethanol fuel and restrooms. Reservations are also being taken for the group campground that is located on the hill overlooking the marina. Please contact our office for information about any of these amenities.



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facebook

"Like" us to get news on upcoming programs, athletics, classes, special events and trips.

SPECIAL EVENTS & ACTIVITIES

HERSHEY TRACK & FIELD EVENT

Henry County Parks & Recreation will host the local Hershey Track & Field Meet for boys and girls ages 9-14 (age as of Dec. 31, 2013). Children can participate in a variety of events including: 50m dash, 100m dash, 200m dash, 400m dash, 800m dash, 1600m run, 4 x 100 relay, standing long jump and softball throw.

Date/Time: Monday, May 6th • 5:30pm
Rain Date: Monday, May 13th • 5:30pm
Location: Laurel Park Middle School
Cost: FREE

KIDS FISHING DAY

Henry County Parks & Recreation, Martinsville Parks & Recreation and Martinsville Senior Services will be sponsoring a Fishing Clinic for children ages 7 - 14 years old. This multi-generational event links youth with experienced anglers to introduce them to a sport that can be enjoyed for the rest of their lives. Pre-registration is required and limited to the first 75 participants. Fishing poles are provided.

Date/Time: Saturday, June 15th • 9:00am - 11:30am
Location: Beaver Creek Reservoir
Cost: FREE

CHALK IT UP

National Sidewalk Chalk Arts Competition highlights July as National Parks and Recreation Month. Chalk is provided for individuals and teams to be creative along the .6 mile walking track at Jack Dalton Park. All participants receive awards.

Date/Time: Thursday, July 11th • 6:00pm
Location: Jack Dalton Park
Cost: FREE

FOOTBALL SPIRIT SQUAD TRYOUT

The Henry County Parks & Recreation Football Spirit Squad Program is available for girls going into the 6th, 7th and 8th grade for the 2013 - 2014 year. Tryouts will be conducted at LPMS and FCMS on August 19th, 20th, and 21st from 3:30 pm - 5:30 pm. There will be two spirit squads for each middle school. There will be 20 girls per team.

SENIOR TACKLE FOOTBALL TRYOUT

The Henry County Parks & Recreation Senior Tackle Football Program is available for boys and girls going into the 6th, 7th and 8th grades for the 2013 - 2014 year. Tryouts will be conducted at LPMS and FCMS on August 19th, 20th and 21st from 6:00 pm - 7:30 pm. Please call 634.4645 to learn more about Senior Tackle Football Tryouts.

KIDS GEOCACHING DAY

Geocaching is an outdoor scavenger hunt that consists of searching for objects hidden by other players using a Global Positioning System (GPS). Participants will travel around Henry County in search of caches that are hidden from plain sight and must be found by using a GPS. Join Henry County Parks and Recreation as we search for hidden caches in our area. Participants will also make new caches that others can find. Call 634.4645 to find out more about geocaching or to register for this scavenger hunt day. There is a maximum of 10 participants for this event. Participants must pre-register with Henry County Parks and Recreation.

Date/Time: Friday, July 19th • 9:00am - 12:00pm
Location: Henry County Administration Building
Cost: \$5

KIDS MOVIE DAY AT MOVIE TOWN

Join Henry County Parks and Recreation and Movie Town for kid's movie days. Participants will get to watch a surprise movie at a discounted price. Popcorn, other snacks and refreshments will be sold. Call 634.4645 to see what movie will be showing each week. Participants must pre-register with Henry County Parks and Recreation each week for the movie.

Date/Time: Thursdays, June - July
Location: Movie Town Theatre
Cost: \$8.50
(includes movie, popcorn and a drink)

CLASSES & WORKSHOPS

COOKING CLASS

Come explore nutrition and cooking with the Virginia Cooperative Extension. We will explore ways for you to make smart choices when it comes to eating at home and out. Participants will also learn how to prepare easy, home-cooked meals. Exercise will also be incorporated into the class.

Date/Time: July 16th-18th • 9:00am - 12:00pm
Location: Henry County Administration Building
Cost: \$10

BEGINNING GUITAR

Do you want to learn to play the guitar? Now's your chance! Let the skilled instructors from Woodall's Music set you on your road to creating music. Lessons will cover the basics from strumming chords to tuning your guitar to playing songs. This class will run for six straight weeks on Tuesdays and will meet in the Henry County Administration Building from 7-8pm. Enrolled participants are eligible for a beginner guitar package discount at Woodall's Music. Cost for this class is only \$50 (plus book fee of \$9)! Pre-registration is required. Contact Woodall's Music at 647.1973 or Henry County Parks and Recreation at 634.4640 to register.

Date/Time: Tuesdays, TBD • 7:00pm - 8:00pm
Location: Henry County Administration Building
Cost: \$59 (includes book fee)

BASIC SEWING CLASS

This class introduces beginners to the basics of sewing: sewing terms, using the sewing machine, selecting fabric, reading a pattern envelope, layout fabric and pattern, marking and cutting fabric. Learn how to interpret the pattern directions and sew each piece together. Participants must bring their own sewing machine to class. Call Henry County Parks and Recreation at 634.4645 for questions or to learn how to register.

Date/Time: Please call 634-4645
Location: Henry County Administration Building
Cost: \$30

TIE DYE CLASS

Join Henry County Parks and Recreation as we offer a children's tie dye class at Jack Dalton Park. Participants will need to bring their own white t-shirt to tie dye. This event is for children ages 5-14 years of age. Please call 634.4640 to register for this class.

Date/Time: Friday, June 28th • 10:00am - 11:30am
Location: Jack Dalton Park Picnic Shelter
Cost: \$5

ROCKET BUILDING CLASS

Join Henry County Parks and Recreation for a rocket building class on July 26th. Participants will make and blast off their very own rocket from Jack Dalton Park. Contact Henry County Parks and Recreation at 634.4640 to register.

Date/Time: July 26th • 10:00am - 11:30am
Location: Jack Dalton Park Picnic Shelter
Cost: \$5

MOM AND ME CRAFT CAMP

Join Henry County Parks and Recreation as we offer a craft camp at the Henry County Administration Building. Participants will make mini scrapbooks, cards, treat holders, jewelry and dress up a Build-A-Bear. This class is limited to 12 children. Please call (276) 634-4640 to register for this class.

Date/Time: July 22nd - 26th • 10:00am - 12:00pm
Location: Henry County Administration Building
Cost: \$25

TODDLER ART CLASS

Join Henry County Parks and Recreation as we offer a toddler art class at the Henry County Administration Building. Participants will decorate birdhouses, spring wind chimes, summer kites and tropical sand art bottles. This class is limited to 10 children. Please call 634.4640 to register for this class.

Date/Time: Friday, June 21st & July 19th • 3:00pm - 4:00pm
Location: Henry County Administration Building
Cost: \$5

FIRST AID / CPR / AED CERTIFICATION

Join the Henry County Public Safety Department and Henry County Parks and Recreation for a First Aid / CPR / AED Training course. Call Henry County Parks and Recreation at 634.4640 for more information or to learn how to register for a training class.

Date/Time: Please call 634.4640
Location: Henry County Administration Building
Cost: \$50

BASIC CAR MAINTENANCE

Join Henry County Parks and Recreation and Auto Tech in Martinsville for a crash course in basic car maintenance. Participants will learn how to check and change their oil, check spark plugs, rotate their tires, check car fluids, and more. Call Henry County Parks and Recreation at 634.4640 for more information or to learn how to register.

Date/Time: Thursday, June 6th • 5:30pm - 6:30pm
Location: Auto Tech in Martinsville, VA
Cost: \$15

ADULT CRAFT CLASS

Join Henry County Parks and Recreation as we offer an adult craft camp at the Henry County Administration Building. Participants will make tile coasters, altered notebooks, altered domino necklaces and stamped greeting cards. Please call (276) 634-4640 to register for this class.

Date/Time: Thursdays, July 11th - August 1st
6:00pm - 7:30pm
Location: Henry County Administration Building
Cost: \$10 per class OR \$35 for all 4 classes

FITNESS & SPORT

ADULT TENNIS PICK-UP NIGHTS

Henry County Parks and Recreation introduces Adult Tennis Pick-Up Nights at the Jaycee Park Tennis Courts. Come out and play your favorite sport on Tuesdays and Thursdays every week throughout the summer! Call Henry County Parks and Recreation at 634.4640 for more information.

Date/Time: Tuesdays - Adult Singles Matches
Thursdays - Adult Doubles Matches
Location: Collinsville Jaycee Park
Cost: Free

ACTIVATE MHC BIKE BARN

Take a ride on the Dick & Willie Passage! Bikes and helmets are available, free of charge, for use on the trail at the Doyle Street trailhead. New this year, bikes with training wheels and a trailer for small children have been added to the Activate fleet. The Bike Barn offers 7-speed comfort bikes, 21-speed comfort and mountain bikes, children's bikes, and two tandems. Riders under the age of 18 must be accompanied by their legal parent or guardian while riding an Activate bicycle. Helmets, provided for you, and closed toe shoes are required. Bring a photo ID. The Bike Barn is closed when it is raining, the temperature is below 60 degrees and when there is a heat advisory. For up-to-the minute closings, check the Twitter feed on the home page of this website, or the Facebook account.

Date/Time: Weekdays: 3:00pm - 6:00pm
Saturdays: 9:00am - 6:00pm
Sundays: 1:00pm - 6:00pm
Location: Dick & Willie Trail (Doyle Street Trailhead)
Cost: Free

CAMPS

BEGINNER YOUTH TENNIS CAMP

This camp is an excellent choice for children that have had limited exposure to the game of tennis. Children will learn the rules of tennis and the fundamental skills including: serves, ground strokes and volleys. Each participant will receive a camp t-shirt.

Date/Time: June 17th - 21st • 9:00am-11:00am
Location: Collinsville Jaycee Park Tennis Courts
Cost: \$30

INTERMEDIATE YOUTH TENNIS CAMP

This camp is for children that have had some experience playing tennis and/or have taken the Beginner Youth Tennis Camp in previous years. The instructor will work on developing all aspects of each player's game. Each participant will receive a camp t-shirt.

Date/Time: July 8th - 12th • 9:00am - 11:00am
Location: Collinsville Jaycee Park Tennis Courts
Cost: \$30

START SMART BASEBALL

Start Smart Baseball is a fun instructional program for children ages 5-7. This program teaches children a variety of baseball skills including: throwing, catching, batting and running/agility and prepares them for organized baseball/softball in a fun, non-threatening environment. Each child will receive equipment to keep.

Date/Time: Mondays, June 10th - July 8th
6:00pm-6:45pm
Location: Collinsville YMCA
Cost: \$35

BASKETBALL CAMP

This camp will focus on individual skill development, games, and competitions and will be taught by high school/college coaches and current/former college basketball players. This is a great way to improve your basketball skills and not have to travel out of Henry County/Martinsville. This camp is open to everyone ages 6-15. For more information or to register your child please contact 634.4645.

Date/Time: July 22nd - 26th • 9:00am-12:00pm
Location: Bassett High School
Cost: \$50 (includes camp t-shirt)

BOWLING CAMP

Sportlanes, Henry County Parks & Recreation and Martinsville Parks & Recreation will be hosting a summer bowling camp for children ages 7-16. Each child will be taught different techniques and instructions each day, along with a chance to bowl a couple of games. Space is limited so please sign up today!

Date/Time: Camp I: June 24th - 28th OR
Camp II: July 22nd - 26th
1:00pm - 3:00pm
Location: Sportlanes; Martinsville, VA
Cost: \$25 per camp (checks made payable to Sportlanes)

GOLF CAMP I & II

This camp is designed for children ages 7-12 with little or no prior golf experience. Participants will receive basic introduction to the sport. In addition to swing fundamentals, participants are taught about the rules and etiquette of the game and about course maintenance. You do not have to have golf clubs to participate, Parks and Recreation will provide all equipment! Space is limited to 12 children per camp so please sign up immediately!

Date/Time: Camp I: Mondays, June 17th - July 22nd
9:00am - 11:00am
Camp II: Monday, August 5th • 9:00am - 1:00pm
Location: Bassett Country Club
Cost: Camp I: \$30 and Camp II: \$25
(lunch provided for Camp II)

SHORT SPORTS

Short Sports is a program geared towards 3-6 year old children who want to start learning the basic motor skills to basketball, baseball, soccer, golf, tennis and football. This class will meet on six straight Wednesdays from 5:00 pm - 5:45pm. Each week a different sport will be taught. This is a great program to introduce your child to a variety of sports and also prepare your child for organized sports. Parents must be present and will be working with their children on assigned tasks. These classes are sponsored and taught by Henry County Parks & Recreation and Martinsville Parks & Recreation.

Date/Time: Wednesdays, June 5th - July 3rd
5:00pm-5:45pm
Location: National Guard Armory, Martinsville, VA
Cost: \$10

BASSETT HIGH SCHOOL FOOTBALL CAMP

Join Bassett High School and Henry County Parks and Recreation for a football camp at Bassett High School on Saturday, September 14th. Bassett's Coach Gilbert, staff and players will be on hand for teaching and instruction. Pre-registration is required to attend the camp. Call HCPR at 634.4640 for more information on how to register. .

Date/Time: Saturday, September 14th • 9:00am - 12:00pm
Location: Bassett High School
Cost: \$15 (includes camp t-shirt)

CHEF'S CHALLENGE TO A HEALTHIER YOU!

Learn to create healthy snacks and dishes like a chef. Chef's Challenge will incorporate making healthy food choices, preparing chef style food presentations, learning knife skills, and how to get fit for a healthier you! This class is limited to 12 participants.

Date/Time: July 30th - August 1st • 9:00am - 12noon
Location: Henry County Administration Building
Cost: \$10

HEALTHY, HAPPY FAMILY PICNICS

Bring your family and join us under the Fieldale Picnic Shelter each Thursday from 2:30-3:30pm for 6 weeks of food, facts, and fun presented by Virginia Cooperative Extension and Kim Hairfield. Find new ways to enjoy your summer outings together. Space is limited so call to save your spot today. Children must be accompanied by a parent or guardian. Call 634.4640 to register for this class.

Date/Time: June 13th, 20th, 27th, July 11th, 18th, 25th
2:30pm -3:30pm
Location: Fieldale Picnic Shelter
Cost: \$10

ALL ABOUT LEARNING LEGO CAMPS

Henry County Parks and Recreation in conjunction with All About Learning will be offering 3 exciting, hands-on learning and building LEGO camps this summer. All About Learning Camps utilize science, technology, engineering and mathematics concepts. Camps also teach 21st century educational skills such as critical thinking, problem solving, collaboration, agility, adaptability, curiosity and imagination.

JUNIOR ENGINEERING 1

In this great hands-on learning and building camp, students will creatively build and modify machines through basic engineering skills using LEGO kits. Students will build a race car, windmill, merry-go-round, levers (pliers), and pulleys (crane). This camp is for children in grades 1st - 3rd. Participants must pre-register at the Henry County Parks and Recreation office.

Date/Time: June 3rd - 6th / 9:00am-12:00pm
Location: Henry County Administration Building
Cost: \$120.00

VEHICLE ENGINEERING

Students will build up to 13 different motorized vehicles capped off with a final project using our unique LEGO kits. The vehicles include everyday vehicles, concept cars, construction machines, and more. Students will build an adjustable crane, flipper car, inch worm car, motorcycle, motorized wheel chair, rally race car, space wars vehicle, steam roller, scissors car, and a submarine. This camp is for children 4th - 8th grades. Participants must pre-register for this camp at the Henry County Parks and Recreation office.

Date/Time: June 3rd - 6th / 1:00pm - 4:00pm
Location: Henry County Administration Building
Cost: \$120.00

JR. VEHICLE ENGINEERING

Students will creatively build and modify different vehicles including everyday vehicles, concept cars, construction machines, and more using LEGO kits. Participants will build a race car, golf cart, old time car, semi truck with trailer, shopping cart, snow plow, stand up scooter, three wheeler, trick car, wheelbarrow, zamboni, and minivan. This camp is for children in grades 1st - 3rd. Participants must pre-register at the Henry County Parks and Recreation office.

Date/Time: July 8th - 11th / 9:00am - 12:00pm
Location: Henry County Administration Building
Cost: \$120.00

MARTINSVILLE MUSTANGS TRAINING ACADEMY

Join the Martinsville Mustangs as they provide two week long camps for children ages 6 - 13 to learn basic fundamentals and techniques for baseball. Campers will receive instruction in hitting, fielding, pitching, catching and throwing. Basic and advanced position play and situational instruction will be provided. The Martinsville Mustang's coaching staff and players will be present to give hands-on instructions and techniques. Pre-registration is required.

Date/Time: Camp I: June 10-14 OR Camp II: July 22-26
9:00am - 12:00pm
Location: Hooker Field
Cost: \$100 (includes tickets to home game, a lunch, and drink on Fridays of camp)

ART CAMP I & II

Join Henry County Parks & Recreation for a fun-filled week of introductory art lessons. This camp is for children ages 8-13. The fundamentals of art will be taught and children will participate in still life drawings and paintings, cartoons, abstract painting and other forms of art. Each camp is limited to 15 participants.

Date/Time: Camp I: June 10-13 OR Camp II: July 22-25
9:00am - 11:00am
Location: Henry County Administration Building
Cost: \$35 per camp

CLUBS

SMITH RIVER VALLEY CANOE CLUB - SRVCC

Date/Time: Third Tuesday, Monthly, 7:30pm

Club meets to promote the year round sport of canoeing/kayaking. Information on equipment, skills, and river destinations. Rolling sessions held weekly. Contact: BR Bryant 638.4306 or email: creekr@webtv.net. The canoe club webpage is www.groups.yahoo.com/group/srvcc.

PATRICK HENRY PATRIOT RC CLUB

Date/Time: Second Tuesday, Monthly, 7:00pm

Radio Control Model Aviators meet monthly to promote and encourage the Radio Control Model Aviation hobby. During warm weather months the club meets at PATRIOT R/C FIELD located just beyond the Convenience Center on Jack Dalton Road. New members are always welcome! Visit the Patriot Website: www.phrc.net. Location: Henry County Administration Bldg. and the Patriot Flying Field. Cost: see members.

HENRY COUNTY PHOTOGRAPHY CLUB

Date/Time: First Monday, Monthly, 7:00pm

Local photographers from novice to professional, meet for open discussion about photography. Please bring your camera and/or photographs to share with the group. Check out their website at www.hcproamphoto.org. Cost: Free. Location: Henry County Admin. Building.

BIKE CLUB

Date/Time: Varies

Our Bike Club is open to participants of all ages and skill levels. Weekly rides and monthly meetings vary, see website for more details. For more information, please call 634.4645 or go to <http://henrycountybikeclub.org> to join the club. Cost: No Fees.

BLUE RIDGE SKI AND OUTING CLUB

Date/Time: Second Thursday, Monthly • 6:00pm

The BRSOC meets to promote getting active outside. Members enjoy a wide variety of activities together, including hiking, canoeing, biking, traveling, wake boarding, picnicking, and snowboarding. Contact: DENNIS E. REEVES, Long Distance Trip Director, Phone (276) 340.5339 or 638.8591 for info or visit the website www.BRSOC.org. Location: see website. Cost: Single = \$15/year, Family = \$27.50/year

MOVIE AT THE PARK

Come out to Jack Dalton Park and watch a movie under the stars each month during the Summer (June, July & August). The best part about it is it's FREE!! Each month a recent hit movie will be shown on a 20 foot by 10 foot screen. Popcorn and other refreshments will be sold. This event is sponsored by Henry County Parks & Recreation, Movie Town and Woodall's Music.

June 14th, July 12th, August 9th
9:00pm • Jack Dalton Park
FREE

SENIOR TRANSPORTATION

Henry County Parks and Recreation provides transportation services to senior citizens, particularly those who reside in rural areas, that are residents of Henry County and are 60 years of age and older. Preference is given to elderly, transportation disadvantaged and disabled. Contributions are accepted. For a ride, call 634.4644.

Regular Transportation Schedule
Monday – Wednesday – Senior Nutrition Sites
Monday – Friday - Demand Response

SENIOR NUTRITION SITES

Join us for entertainment, socializing and a good hot lunch. This program is for seniors 60 years of age and older and all income levels. Come join the fun, food and fellowship. If you are interested in attending, please call 634.4644.

Date/Time: Mondays, 11:00am – 1:00pm
Location: Moral Hill Missionary Baptist Church in the fellowship hall
Cost: Suggested donation

Date/Time: Tuesdays, 11:00am – 1:00pm
Location: Preston Community Center
Cost: Suggested donation

Date/Time: Wednesdays, 11:00am – 1:00pm
Location: Bassett United Methodist Church in the fellowship hall
Cost: Suggested donation

"SENIOR LINK"

This quarterly publication contains the most recent up to date information regarding senior citizen activities and programs available to seniors in the Henry County area. Any senior adult interested in receiving the Senior Link by email or mail, please call Lois at 634.4644.

BREAKFAST CLUB

The Breakfast Club is open to all adults age 50 and above. The Breakfast Club is designed to be a fun and socially interactive way to meet people and enjoy breakfast in a nice atmosphere.

Date/Time: 4th Tuesday of each month, 8:30am
Location: May 28 Clarence's Steak & Seafood 6636 Greensboro Road Ridgeway, VA

June 25 Dutch Inn Hotel & Restaurant 2360 Virginia Avenue Collinsville, VA

July 23 Sirloin House 530 Commonwealth Boulevard Martinsville, VA

August 27 Fieldale Café 63 Marshall Way Fieldale, VA

Cost: Individual is responsible for cost of breakfast

BRIDGE CLUB

The Bridge Club is open to all adults age 50 and above. Bridge is designed to be a fun and socially interactive way for seniors to enjoy playing cards. Those beginners who know how to play as well as experienced Bridge players are welcome. For additional information, please call 634.4644. (To ensure no one goes away without playing, please plan ahead to have four people play at your table.)

Date/Time: 1st & 3rd Thurs. of each month • 12:30pm
Location: Henry County Admin. Bldg. Room #1
Cost: Donation

BOOK BINGO

Henry County Parks & Recreation and the Collinsville Branch Library will sponsor Book Bingo for adults 50 years of age and older. If you are interested in learning about great books, winning prizes and light refreshments, this is the activity for you. For additional information please call 634.4644.

Date/Time: June 25 and August 27 • 1:30pm-3:00pm
Location: Collinsville Branch Library 2540 Virginia Avenue, Collinsville, VA
Cost: FREE / Donations of books accepted

OUT-TO-LUNCH BUNCH

The Out-To-Lunch Bunch is open to all adults age 50 and above. Join us at a local restaurant for lunch. Everyone is welcome.

Date/Time: 3rd Tuesday of each month • 1:00pm
May 21 Dutch Inn Hotel & Restaurant 2360 Virginia Avenue Collinsville, VA

June 18 Clarence's Steakhouse & Seafood 6636 Greensboro Road Ridgeway, VA

July 16 Captain Tom's 2615 Greensboro Road Martinsville, VA

August 20 Texas Steakhouse 283 W. Commonwealth Blvd. Martinsville, VA
Cost: Individual is responsible for cost of lunch

ANNUAL SPRING GOLF TOURNAMENT

Henry County Parks & Recreation in conjunction with the Martinsville Senior Center and Beaver Hills Golf Club is slated to sponsor a 9-Hole Captain's Choice Golf Tournament for seniors. Men and women 50 years of age and older are welcome to play. Please contact Beaver Hills Golf Club at 632.1526 or the Martinsville Senior Center at 403.5261 for information on participating and to pre-register. Pre-registration required by May 9, 2013.

Date/Time: Tuesday, May 14th • 9:00am
Light breakfast served at 8:30am
Rain Date: May 15th • 9:00am

Location: Beaver Hills Golf Club 325 Beaver Hills Club Drive, Martinsville
Cost: \$12 per team member

ZUMBA GOLD

Join Henry County Parks & Recreation and the Martinsville Henry County Coalition for Health and Wellness for Zumba Gold Fitness Class. Zumba Gold targets the largest growing segment of the population: baby boomers. It takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. What stays the same are all the elements the Zumba Fitness-Party is known for: the zesty Latin music, like salsa, merengue, cumbia and reggaeton; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere. Active older adults want camaraderie, excitement and fitness as a regular part of their weekly schedule. Zumba Gold is the perfect fit. It's a dance-fitness class that feels friendly, and most of all, fun. For additional information or to pre-register, please call 634.4644.

Date/Time: Tuesday & Thursday mornings at 9:00am
Location: Clearview Wesleyan Church 925 Barrows Mill Road, Martinsville, VA
Cost: Free

ANNUAL HEALTH FAIR & CRAFT SHOW

Henry County Parks & Recreation and the Martinsville Senior Center will sponsor the Annual Senior Health Fair & Craft Show on Thursday, May 9, 2013. The event will be held at Lancer Hall located on Rt. 58 East from 8a.m.-12p.m. with lunch being served at 12:00 noon. Corporate contributors to fund the event are: Collins-McKee-Stone Funeral Homes, Memorial Hospital of Martinsville & Henry County, Roselawn Funeral Services, River Community Bank, Team Nurse and PrivaCare.

The Memorial Hospital of Martinsville & Henry County will be available from 8:00 am to 11:30 am to provide the following clinical tests: DS3 (Lipid Panel, CBC & Glucose) for \$26.00, TSH (thyroid screening) for \$15.00, and a Prostate Specific Antigen Screening for \$16.00. For best results, please remember to fast after midnight the night before the screening. You may take all medications normally taken everyday (such as blood pressure medicine) before the screening. Other screenings will include:

Team Nurse – Blood Pressure Screening
Piedmont Community Services Board – Depression Screening
Wal-Mart Vision Center - Vision Screening
Dance of Life Therapeutic Body Works Center-
Massage Therapy

Ashbrook Audiology & Hearing Aid Center - Hearing Screening
Dr. J. Peyton Moore, DDS - Oral Cancer Screening (8am - 9am)
Human resource providers will display information regarding their services and entertainment will be provided. Seniors may also display or sell crafts by contacting the Martinsville Senior Center at 403.5260 or Henry County Parks & Recreation at 634.4644.

Date/Time: Thursday, May 9th 8:00am - 12:00pm
Clinical Tests begin at 8:00am
Lunch will be served
Location: Lancer Hall in Laurel Park on 58 East

EAT SMART AND MOVE MORE - HEALTHY COOKING OUTDOORS

Join us under the shelter for Eat Smart and Move More with Kim Hairfield, Family Nutrition Program Assistant with the Virginia Cooperative Extension office. This class will focus primarily on healthy grilling options and packing for a picnic. Each week we will prepare a new recipe, learn about healthy food choices and food safety for outdoor activities. These very simple changes to your everyday life will have a positive impact on your future.

Date/Time: Thursday, June 13th - 27th and July 11th - 25th • 1:00pm - 2:00pm
Location: Fieldale Park, 11 Field Avenue, Fieldale, VA
Cost: Free

EDIBLE FLOWERS

Want to add color and dazzle to ordinary meals? Need a quick fix-me-up for that store-bought cake or pie? Flower petals can add color to a salad of mixed greens, color and delight to desserts or bring flavor into a butter spread. All it takes is a curious palate, information and a little selection know-how. We'll learn to make candy petals, make a delightful rose petal spread and garnish salads from your flower bed. Please pre-register with the Henry County/Martinsville Virginia Cooperative Extension Office at 634.4650 by June 11.

Date/Time: Tuesday, June 18th • 10:00am - 12noon
Location: Henry County Administration Bldg. Rm #2
Cost: Free

DROP-IN ACTIVITIES

Bingo 1st & 3rd Tuesdays of each month • 1:00 p.m.
Book Bingo 1st and 3rd Thursdays of each month • 12:30 p.m. (Please have four people to play at your table.)
Book Bingo 4th Tuesday of each month in June & August • 1:30 p.m.
Walking Club Mondays & Wednesdays (Call office for start date and time)

Activities are held at the Henry County Admin. Building in Room #1 (right side room next to the main boardroom).
The Walking Club meets at Jack Dalton Park located off Kings Mountain Road. Book Bingo meets at the Collinsville Branch Library.

DROP-IN HEALTH SCREENINGS

The drop-in health screenings are free and available to all adults 50 and above. These screenings are designed to promote awareness and healthier lifestyles for seniors

GOLDEN LIVING CENTER WILL CONDUCT A FREE BLOOD PRESSURE SCREENING:
Time/Days: May 21, June 18, July 16, August 20 from 12:45pm to 1:00pm Location: Room # 1 of the Henry County Admin. Bldg. Cost: Free

PRIVACARE WILL CONDUCT A FREE BLOOD SUGAR SCREENING
Time/Days: May 14, June 11, July 9, August 13 from 8:00am to 9:00am Location: Room # 1 of the Henry County Admin. Bldg. Cost: Free

50 PLUS CLUB

ART OF THE MONTH

Join us for our Art of the Month class. Karen Eggleston, QVC artist, will instruct the class at the Collinsville Branch Library on the third Monday of each month. These unique crafts also make great gifts! Space is limited so pre-register early. Please pre-register by calling Henry County Parks & Recreation at 634.4644.

Date/Time:	Mondays • 3-5pm
May 20	"POLKA-DOTTED CANDY OR COOKIE CANISTER" We will paint and decorate a small (5") clay pot and it shall become a polka-dotted candy or cookie canister. Cost: \$15 includes supplies.
June 17	"PAINT GRAPES & BUTTERFLIES ON A WINE BOTTLE" Back by popular demand—Paint grapes and butterflies on a wine bottle. Bring your brushes! (Or Instructor will have glass paint brushes for sale for \$18) Cost: \$15 includes supplies
July 15	"PAINT A WOODEN BIRDHOUSE" We will paint a 5" wooden birdhouse. It's also a wind chime! Cost: \$15 includes supplies.
August 19	"BUTTONS & BOWS, BAGS & BOXES" Each student will decorate a bag and matching gift box. Bring your favorite recipe (handwritten or typed) on a paper the size of approximately 3" x 3 1/2" for a bonus project in class. Cost: \$15 includes supplies.
Location:	Collinsville Branch Library 2540 Virginia Avenue, Collinsville, VA

AARP DRIVER SAFETY PROGRAM

Henry County Parks & Recreation in conjunction with the AARP Driver Safety Program, will sponsor an eight hour classroom refresher course on driver safety. The class will be taught over a two day period, and it is specifically designed for driver's 50 years of age and older. There is an auto insurance discount in most states for participating in this course; however, you will need to consult your individual insurance agent or company regarding the discount. Register early by calling 634.4644 as space is limited.

Date/Time:	July 15-16 • 10:00am - 2:00pm
Location:	Henry County Administration Bldg. Rm #2 3300 Kings Mountain Rd., Martinsville, VA
Cost:	\$12 AARP members/\$14 non-members

SUMMER DECO MESH WREATH

Come join us to learn how to make a Deco Mesh Ribbon Wreath for summer or any day of the year. This new wreath trend is all the rage, and we are going to teach you how easy it is to do on your own. Pre-registration is required with the Henry County/Martinsville Virginia Cooperative Extension Office at 634.4650 by June 5, 2013. Space is limited to 15 participants. Please make checks payable to: Master Gardener Programming Account.

Date/Time:	June 13 • 10:00am - 12:00pm
Location:	Henry County Administration Bldg. Rm #2 3300 Kings Mountain Rd., Martinsville, VA
Cost:	\$25

PLANTING AN HERB GARDEN

Do you have an interest in an herb garden? Do you like to use a lot of herbs when cooking? If so, this is the class for you. We will be discussing the history, growing recommendations and culinary uses of herbs. Learn how to care for and plant a mini window herb garden that you can take home to enjoy. Please pre-register early since registration is limited to ten participants. You may register with the Henry County/Martinsville Virginia Cooperative Extension Office at 634.4650 by May 6th.

Date/Time:	May 15 • 10:00am - 12:00pm
Location:	Shelter at Jack Dalton Park 130 Jack Dalton Road, Martinsville, VA
Cost:	\$10

SENIOR SUMMER BOWLING LEAGUE

The Senior Summer Bowling League is open to all adults age 50 and above. Beginners as well as experienced bowlers are welcome. Pre-registration is required to bowl. Names will be taken on a first-come, first-serve basis. For additional information or to pre-register, please call 632.6060.

Date/Time:	Wednesdays, beginning May 8 • 9:10am Practice begins at 9:00am
Location:	Sportlanes in Collinsville
Cost:	\$4.75 for three games, includes bowling ball and shoes

FUNDAMENTALS OF BOWLING

Sportlanes and Henry County Parks & Recreation will be hosting a class designed to teach individuals fifty years of age and older the fundamentals of bowling. The class will teach you how to properly hold the bowling ball, how to roll the bowling ball, using proper stance, and utilizing the computer for scoring. Beginners and experienced bowlers are welcome to attend. Pre-registration is required by calling 634.4644. Space is limited so please sign up early.

Date/Time:	June 13 • 10:00am-11:00am
Location:	Sportlanes 10 Koehler Road, Martinsville, VA
Cost:	\$20 for five weeks

WALKING ON THE DICK & WILLIE PASSAGE

Let's go walking on the Dick & Willie Passage. This 4.5 mile paved trail follows the path of the old Danville & Western Railway, starting on the west end of Virginia Avenue, continuing across Martinsville & Henry County and ending at Mulberry Creek. Just remember that any increase in walking will promote good health. Seniors interested in this program will need to pre-register with Henry County Parks & Recreation Senior Services at 634.4644.

Date/Time:	Mondays, weather permitting, except holidays: 8:00am
Location:	Liberty Street Trailhead of the Dick & Willie Passage
Cost:	Free

CALLIGRAPHY: THE ART OF BEAUTIFUL WRITING

Instructor Karen Eggleston will teach a class in calligraphy. No artistic talent is required to learn. Calligraphy is an acquired skill. Desire and interest are prime ingredients combined with good hand and eye coordination. Learning calligraphy requires 30 minutes of practice per day. If you are interested in learning Calligraphy, please pre-register by calling 634.4644 on or before June 10.

Date/Time:	Wednesdays, June 19 - July 24 • 2:30pm
Location:	Henry County Administration Bldg. 3300 Kings Mountain Rd., Martinsville, VA
Cost:	\$50 plus \$5 for calligraphy pen. No additional charge for paper supplies.

EAT SMART AND MOVE MORE

Come and join Kim Hairfield with the Virginia Cooperative Extension office, for Virginia's Family Nutrition Education Program, Eat Smart and Move More. She will teach you very simple changes to your everyday life that will have a positive impact on your future and offer tips on nutrition. She will teach you how to read and understand food labels, how to keep your kitchen safe, exercise without leaving your living room and lots of new tips and ideas. Each week we will prepare and taste a low cost healthy recipe. Upon completion of the class, you will receive a cookbook and cooking tools. Please pre-register by calling 634.4644 as soon as possible.

Date/Time:	Thursday of each week for 6 weeks, starting May 2 • 1:00pm - 2:00pm
Location:	First Baptist Church of Collinsville 3339 Virginia Avenue, Collinsville
Cost:	Free

MOVIE DAY

Henry County Parks & Recreation plans to spend a few afternoons at the movie theater. We will announce the movie we plan to attend on or before the Friday before the week we plan to go. Give us a call at 634.4644 to check on the movie we plan to see and for additional details. If you choose to provide us with an e-mail address, we will be happy to send the information to you.

Date/Time:	To be determined
Location:	Varies
Cost:	To be announced

MARTINSVILLE URGENT CARE HEALTH SCREENINGS

Martinsville Urgent Care will be available every 4th Thursday of each month to provide various health screenings and health care information. A member of their staff will be available to check your blood pressure and conduct a random blood sugar test. Other service providers include: Mountain Valley Hospice & Palliative Care who will be available to conduct an Oxygen Saturation Test, Blue Ridge Village will be available to discuss alternative health care needs, and Dance of Life will be available to conduct 5 minute massages. For additional information or to verify participation of vendors, please call Henry County Parks & Recreation at 634.4644.

Date/Time:	May 23, June 27, July 25 and August 22 9:00am - 11:00am
Location:	Henry County Administration Bldg. Lobby
Cost:	Free

3RD ANNUAL BATTLE OF CIVIL WAR

The Stuart-Hairston Camp 515 Sons of Confederate Veterans, The States Rights Volunteers and The Army of the French Broad will present the 3rd Annual Battle of Martinsville Civil War. Col. Dwight Nesbitt is Overall Commander and Commander of Artillery. The event includes: Reenactment, Encampment & Living History Weekend which will feature Battles Both Days, Full Size guns, Artillery, Infantry, Cavalry, and Bounty for Horses and Artillery.

Date/Time:	June 1 & 2, 2013
Location:	Smith River Sports Complex 1000 Irisburg Road, Axton, VA
Cost:	\$5 per person. Children 12 and under free Parking is free

SENIOR BOWLING APPRECIATION DAY

Henry County Parks & Recreation and Sportlanes are proudly sponsoring Senior Bowling Appreciation Day. We appreciate those seniors who are bowling on the senior leagues and would like to encourage additional senior participation in the leagues. Bowling could play a part in promoting a healthier lifestyle for you. We invite anyone fifty years of age and older to bowl with us for free on Friday, May 3 at Sportlanes from 9:00 am to 12 noon. We will have information available about the upcoming senior leagues. Bring a friend and join us for some fun.

Time/Days:	Friday, May 3, 2013/9 - 12 noon
Location:	Sportlanes, 10 Koehler Road, Martinsville, VA 24112
Cost:	FREE 50 YEARS OF AGE AND OLDER

BEGINNING KNITTING

Henry County Parks & Recreation will sponsor a knitting class for adults 50 years of age and older. If you are interested in learning the basics of knitting, this is the class for you. Fern Kanode will instruct the class. For additional information and to pre-register, please call 634.4644. PRE-REGISTRATION WITH OUR DEPARTMENT IS REQUIRED.

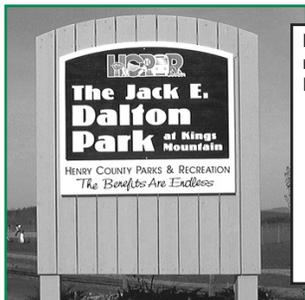
Time/Days:	Thursday starting April 25 Class is for 6 weeks from 10:00 am - 12:00 noon
Location:	Blue Ridge Regional Library, 310 East Church Street, Martinsville
Info:	Participants are responsible for bringing one skein of soft worsted yarn (choice of Red Heart Super Saver, Lion Brand Vanna's Choice or Deborah Norville Everyday) and US Size 10 knitting needles.

ADVANCED KNITTING

Henry County Parks & Recreation will sponsor an advanced knitting class for adults 50 years of age and older. If you are interested in learning advanced knitting techniques, this is the class for you. Fern Kanode will instruct the class. For additional information and to pre-register, please call 634.4644. PRE-REGISTRATION WITH OUR DEPARTMENT IS REQUIRED.

Time/Days:	Thursdays of each week starting April 25 Class is for 6 weeks from 12pm - 2pm
Location:	Blue Ridge Regional Library, 310 East Church Street, Martinsville
Info:	Participants responsible for furnishing a pattern of their choice with appropriate yarn and needles.

THERE'S SOMETHING FOR EVERYONE AT A PARK

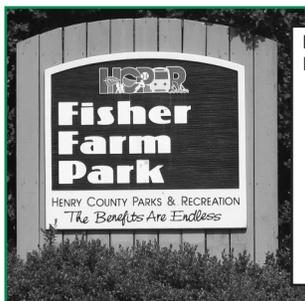


Located in Collinsville behind the Henry County Administration Building on Jack Dalton Road.
Facilities include:

- Lighted, Paved Walking Trail
- Beach Volleyball Court
- Picnic Shelter
- Restrooms
- Two Baseball / Softball Fields
- Open Space
- Playground
- Cooking Grills

Located in Collinsville on Parkwood Court.
Facilities include:

- 4 Lighted Tennis Courts
- Two Picnic Shelters
- Hiking Trail
- Cooking Grills
- Playgrounds
- Restrooms
- Open Space
- Wooded Areas



Located in Ridgeway on Leisure Trail.
Facilities include:

- Playground
- Two Picnic Shelters
- Open Space
- Wooded Areas
- Two Baseball / Softball Fields
- Restrooms
- Cooking Grills

Located in Fieldale on Creekside Drive.
Facilities include:

- 2 Lighted Baseball / Softball Fields
- Open Space
- Picnic Shelter
- Playground
- Restrooms
- Cooking Grills

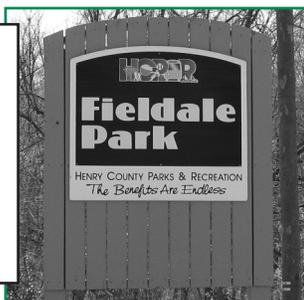


Located in Martinsville on DuPont Road.
Facilities include:

- Hiking Trails
- Picnic Areas
- Cooking Grills
- Wooded Areas
- Creeks and Streams

Located in Fieldale on Field Avenue.
Facilities include:

- Baseball / Softball Field
- Picnic Shelter
- Cooking Grills
- Restrooms
- Open Space



Henry County Parks and Recreation operates and maintains seven parks and nineteen other recreational facilities with a total of 435 acres in the county. All of our parks have recently been renovated and offer a variety of recreation opportunities. The parks, their locations and amenities are described herein.

If your family, church or company is planning a special event, the Henry County Parks and Recreation Shelters located at our parks make great locations for gatherings. With all of the amenities we provide, we are sure you will find a park and location that is suitable for your event. Reservations may be made six months to the day in advance in our office. Reservations may also be made online. Please contact our office for a username and online password.

Rates for the shelters are:

LARGE SHELTERS Full Day - \$30.00

SMALL SHELTERS Full Day - \$20.00

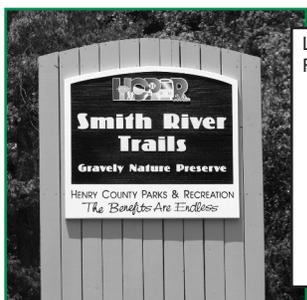
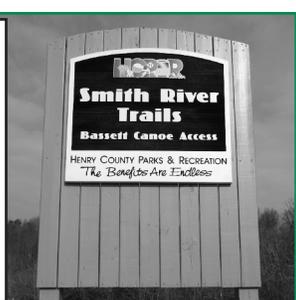
Philpott Marina
Coming Soon!

Located on Philpott Lake.
Facilities include:

- A 40 slip marina
- Fuel
- Store with concessions and fishing supplies
- Restrooms
- Group campground

The Smith River Trails include:

- Bassett Canoe Access
- The Great Road Canoe Access
- Fieldale Canoe Access
- Doe Run Canoe Access
- South Martinsville Canoe Access
- Sports Complex Canoe Access
- Marrowbone Canoe Access
- Mitchell Bridge Canoe Access
- Fieldale Walking Trail
- Dick and Willie Rail Trail



Located in Ridgeway on Eggleston Falls Road.
Facilities include:

- Hiking Trails
- Picnic Shelter
- Cooking Grills
- Wooded Areas
- Restrooms

YOUTH ATHLETICS

FLAG FOOTBALL

League play is offered for boys and girls ages 7-8 as of October 1, 2013

Teams are based at each elementary school.

Registration Deadline:
August 16, 2013

Practice & Game Dates:
September through November

GIRLS BASKETBALL

League play is offered for girls ages 8-13 as of October 1, 2013

Teams are based at each elementary and middle schools.

Registration Deadline:
August 16, 2013

Practice & Game Dates:
September through November

TACKLE FOOTBALL

League play is offered for boys ages 11-13 as of October 1, 2013

Teams are based at each middle school.

Tryouts:
Middle of August

Practice & Game Dates:
September through November

Our department has a weather hotline number that parents and coaches can call on days when it has been raining to find out if games are still being played. Call after 4:00pm on weekdays and 9:00am on Saturdays. **634-4636**



The 6th annual Smith River Fest is truly a celebration of all things associated with the Smith River and outdoor recreation: paddling, hiking, biking, fishing and nature watching! Featured activities this year include a river boat race, mud run, live music, petting zoo, children's activities, beer garden, rock climbing wall, food, arts and craft vendors and much more.

Saturday, August 10, 2013
9:00am-5:00pm
Smith River Sports Complex
Free Admission

JUNIOR TACKLE FOOTBALL

League play is offered for boys and girls ages 9-10 as of October 1, 2013

Teams are based at each elementary school.

Registration Deadline: August 16, 2013

Practice & Game Dates: September through November

FOOTBALL SPIRIT SQUAD TRYOUT

The Henry County Parks & Recreation Football Spirit Squad Program is available for girls going into grades 6-8 in the 2013-2014 school year.

Tryouts will be conducted at both middle schools
August 29-31, 2013 • 3:30pm - 5:30pm

There will be two spirit squads for each middle school consisting of 20 girls per team.

VOLUNTEER YOUTH SPORTS COACHES DESERVE SPECIAL MENTION

We would like to thank the following coaches for taking time to be a volunteer youth sports coach. The time spent and your commitment are valuable to thousands of Henry County children and is appreciated by the Henry County Parks & Recreation Staff.

BOYS BASKETBALL

Steve Underwood
Thomas Adkins
EJ Moyer
Tim Gleason
David McKinney
John Athey
Terry Carter

Vincent Martin
Eddie Sechrist
Joe Brooks
Sean Brown
James Lopp
CJ Martin
Karen Ross

Chad Ford
Tim Simpkins
Randy Kendrick
Troy O'Dell
Teddy Dalton
Stacey Brown

Tim Chitwood
Bobby Holthausen
Tamon Niblett
Adam Varner
Jimmy Oakley
Wayne Perkins

BASKETBALL SPIRIT SQUAD

Brandi Collins-Burnette
Sherry Young

Toni Kendrick

Melissa Potter

Susan Sessoms